



Clayton County Board of Health
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**CCBOH to lead Clayton County
Georgia Physical Activity and Nutrition (G-PAN) Coalition**

Thursday, August 25, 2011

Jonesboro, GA – The Clayton County Board of Health (CCBOH), along with several partner organizations, has formed the Clayton County Georgia Physical Activity and Nutrition (G-PAN) Coalition in order to improve the lives of Clayton residents through the promotion of healthy lifestyles, proper nutrition, and fitness.

The official launch of the Clayton County G-PAN Coalition will take place **Monday, Aug. 29 from 6-7 p.m.** at the **J. Charley Griswell Senior Center**, located on the campus of Clayton County International Park at 2300 Ga. Hwy. 138 in Jonesboro.

Founded in 1997 by a team of state health advocates, health professionals, and students, G-PAN has worked statewide to promote physical education, health advocacy, and the implementation of local and state policies and programs that encourage active, healthy lifestyles for all Georgians. The Clayton County G-PAN Coalition will work to do the same at the local level, giving health-minded agencies, nonprofits, and individuals the opportunity to brainstorm and leverage resources toward the improvement of overall wellness in the county.

“Cardiovascular disease, diabetes, and hypertension, diseases that have taken an extreme toll on county residents, are mostly preventable through a combination of physical activity, healthy food choices, and regular, moderate exercise,” said Clayton County District Health Director Dr. Alpha Fowler Bryan. “The Clayton County G-PAN Coalition will serve as a sounding board for programs and organizations already working to educate and improve the lives of residents, as well as a think tank for new programs to get Clayton residents excited about being fit and healthy. Just as G-PAN has served to mobilize state partners around issues of health and fitness, the Clayton County G-PAN Coalition should serve to energize county agencies and individuals to find more ways to take control of their fitness and well-being.”

Current coalition partners include the Clayton County Senior Services Department, Clayton County Extension Service, Clayton County Police Department, Clayton County Parks and Recreation Department, and Clayton County Public Schools.

According to the Georgia Department of Public Health (DPH), cardiovascular disease continues to be the number one cause of death and hospitalization in Clayton County. DPH data shows that more Clayton residents lose their life to cardiovascular diseases than cancer, respiratory system diseases, and infectious and parasitic diseases.

For more information, contact **Joel Hall, CCBOH Public Information Officer**, at (678) 610-7424 or joelhall@dhr.state.ga.us.

www.claytoncountypublichealth.org

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