TRANSPORTATION

INFORMATION

PERSONAL
EMERGENCY PLAN

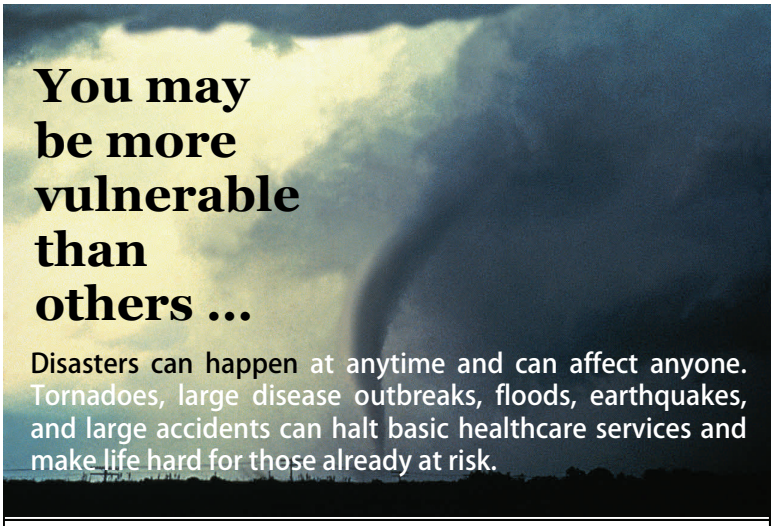
SHELTERS

For Vulnerable Populations

Clayton County Board of Health

Office of Emergency Preparedness and Response

WHO IS VULNERABLE?
WHAT COULD HAPPEN?
TRANSPORTATION
INFORMATION
PERSONAL EMERGENCY PLAN
SHELTERS
GET READY NOW!
MY EMERGENCY KIT CHECKLIST
THIS IS MY PLAN

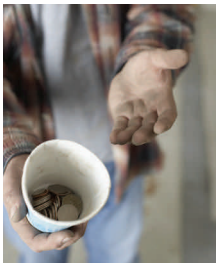


You may be more vulnerable than others ...

Disasters can happen at anytime and can affect anyone. Tornadoes, large disease outbreaks, floods, earthquakes, and large accidents can halt basic healthcare services and make life hard for those already at risk.

WHO IS VULNERABLE?:

- Those living in poverty
- Non-English Speakers
- Those with physical and/or mental challenges
- Elderly and/or fragile Individuals
- Those who are isolated
- Those medically dependant on electricity (respirator, dialysis machine, etc.)
- Homeless Persons



You could get left behind ...

In a major disaster, things happen fast. Without the proper preparation and planning, vulnerable persons can face challenges, such as:

- You may be separated from your caregivers or family members.
- You could be cut off from medications and medical treatments requiring electricity (dialysis, ventilator, etc.).
- Your health may get worse in a shelter facility.
- You may not have enough money to support yourself during an emergency.
- Health services may stop unexpectedly.
- You may not hear or understand important emergency messages.
- If you are elderly or fragile, your condition may get worse.
- Shelter staff may not understand your medical needs.

WHAT COULD HAPPEN?

Transportation

You need reliable transportation to evacuate if ordered to do so.

- Make arrangements with friends, neighbors, or relatives to provide your emergency transportation.
- Keep your vehicle in good working condition, with fuel in the tank.
- Make special emergency plans if you use a wheelchair or walk with a cane.
- If your loved one is unable to walk, consider how you will transport them during an emergency. An ambulance may not be available or may not be able to get to you.

Stay Tuned to Information Sources

- Watch the TV news and listen to the radio for information - take it seriously.
- Get a weather radio for updates on severe weather.
- Download the Georgia Ready smart phone app for instant emergency updates: http://www.ready.ga.gov/mobileapp

- If you are deaf or don't speak English, find a source that can help you with receiving emergency information in the form that you need.
- To get more information about emergency preparedness before an event, contact the Clayton County Emergency Management Agency at (770) 478-8271 or Clayton County Emergency Preparedness and Response at (678) 610-7471 or (678) 610-7424 or via email at ccbohepr@dhr.state.ga.us
- During the disaster, call your caregiver or family member.

INFORMATION

Have a Plan

Having a plan can mean the difference between life and death, especially for vulnerable persons. Take steps to protect yourself and your loved ones by having an emergency plan and reviewing it from time to time.

- Make and keep a three-day supply of food, water, and most-importantly, medicine.

- Know who will take care of you during the incident.
- Have a list of close-by people and services you can depend on in case of an emergency.
- Identify the safest area of your home in case a tornado strikes.
- Think about how you will continue to receive medical treatments, such as dialysis and chemotherapy.
- If you use medical equipment that requires electricity, get on the Georgia Power priority restoration list by calling their life support department at 1-888-660-5890.
- Create a free emergency medical information alert card by going to: www.medids.com/free-id.php

Shelters

If you must evacuate to a shelter ...

- Bring your caregiver or family member to the shelter.
- Bring any food for special dietary needs.
- Bring any over-the-counter (OTC) medications, prescriptions, and medical equipment you may need.

- Other than service dogs, most shelters won't allow animals.
- Listen to TV, radio, and go to the CCBOH Facebook and Twitter sites to learn which shelters are open.

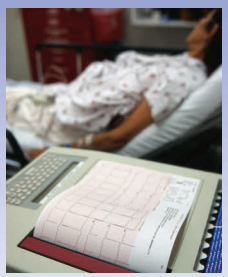
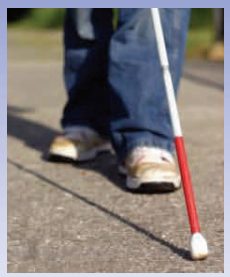
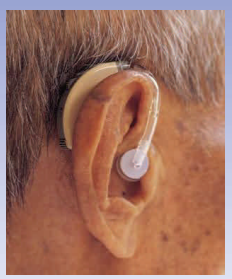
www.facebook.com/CCBOH
www.twitter.com/CCBOH)

SHELTERING IN PLACE

If an incident occurs in which toxic fumes are in the air, you may have to stay where you are ("shelter in place"). If that happens:

- GET INSIDE QUICKLY!
- Turn off your air conditioning unit
- Seal any cracks in windows or doors
- Wait until authorities say it is safe to go back outside

Get ready NOW!

Your survival Depends on It.

- Know that public safety may not be able to help you.
- Take getting prepared seriously.
- Do NOT wait, get prepared NOW!

- Friends and relatives won't know your emergency needs unless you tell them.
- Talk to friends and relatives and have a plan before disaster strikes.

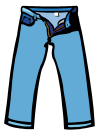
- For more information about emergency preparedness for vulnerable populations, call the CCBOH Office of Emergency Preparedness and Response at (678) 610-7471 or (678) 610-7424 or email: ccbohepr@dhr.state.ga.us

Follow CCBOH on Facebook and Twitter:
www.facebook.com/CCBOH
www.twitter.com/CCBOH

MY EMERGENCY KIT CHECKLIST

Water (three-day supply) ☐

Food (three-day supply) ☐



Clothes (three-day supply) ☐

Cash ☐

Can Opener ☐

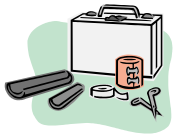
Flashlight with Batteries ☐

Medicine ☐

Important Documents ☐

Weather Radio ☐

Hygiene Items ☐



First Aid Kit ☐

If you cannot afford to get everything at once, get them over time.

MY PERSONAL EMERGENCY PLAN

My Medications:

Medication	My Dosage	How Often I Take It

I will be taken care of by:

Name: _____

Phone #: _____

My transportation will be:

Name: _____

Phone #: _____

CCBoH Clayton County Board Of Health

The Clayton County Board of Health
Office of Emergency
Preparedness and Response
685 Forest Parkway,
Forest Park GA, 30297
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THIS IS MY PLAN

CCBoH
Clayton County
Board Of Health
PREVENTPROMOTEPROTECT

1117 Battle Creek Road, Jonesboro, GA 30236
(678) 610-7199
www.claytoncountypublichealth.org
www.facebook.com/CCBOH www.twitter.com/CCBOH